

Trauma-informed care and healing

Use of SCI best practices

Support for integrative care

Informed decision making

Effective relational collaborations with medical staff

Emotional, spiritual, and logistical support

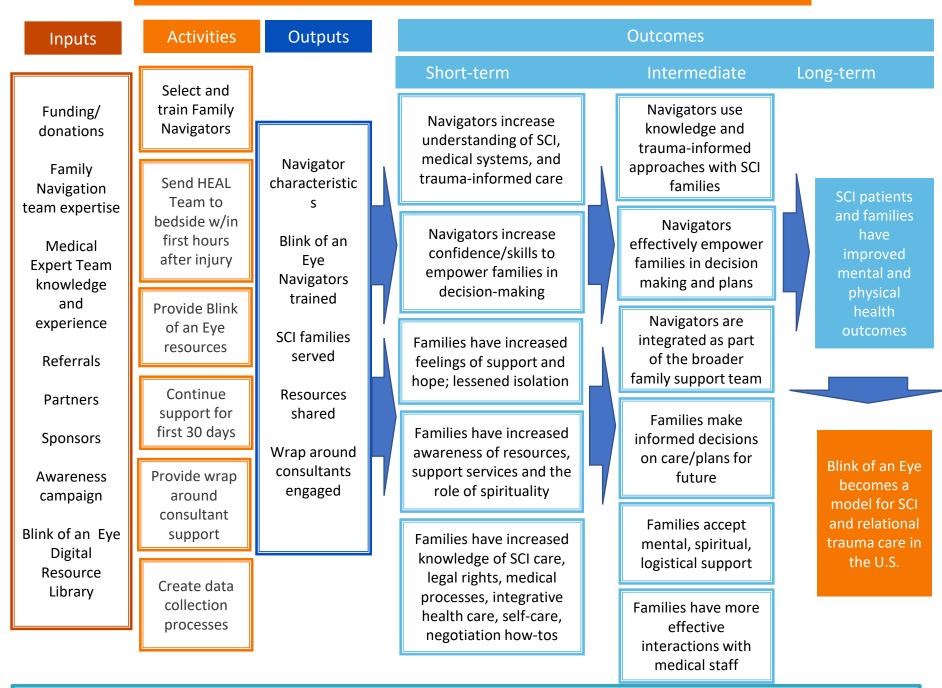
Improved transitions to next level of care and home

Improved outcomes for SCI patients and families

Improved
SCI and
trauma
care
across the
U.S.

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Blink of an Eye Family Navigation and Support Team



Problem addressed: Families need support in navigating SCI trauma and trauma-informed healing. Copyright 2023 Blink of an Eye ™

Blink of an Eye Medical Expert Team

Inputs	Activities	Outputs		Outcomes
	- Activities	- Outputs	Short-term	Intermediate Long-term
Funding/ donations Medical Expert	Provide just- in-time medical info to Navigators,	Variety and	Families have increased feelings of support and trust	Families provided needed information in a timely manner SCI patients and families have
knowledge and experience	families, medical staff with little SCI expertise	characteristic s of medical experts engaged	Families have increased understanding of difficulties obtaining medical records and their rights	Families successfully obtain medical records improved mental and physical health outcomes
Volunteer time Family Navigation	Support smooth process for release of	Resources, tools and information provided	Families have lessened stress and frustration	Families make informed decisions on care/plans for Medical staff share their
team expertise Awareness	medical records/ review of films	SCI families served	Families and medical staff have increased	Families and medical staff have more
campaign Blink of an	Interface with Family	Medical networks formed	understanding of best practices in SCI care	collaborative interactions
EVE DIGITAL III	Navigation & Support team Define		Families feel empowered with information for decision	Patients have successful transfer and transition to next level of care Blink of an Eye becomes a model for SCI and trauma
	information needs for the Digital Resource Library		making	SCI certificate of medical education created

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Blink of an Eye Digital Resource Library

Activities Outputs Inputs **Outcomes** Intermediate Long-term Short-term Funding/ Digital donations Resource Families and friends Families access Library built Provide a **SCI** patients have increased mental, spiritual, and updated Family web-based and families awareness of resources, logistical support as **Navigation** resource to have improved support services and it is needed without Resources, team expertise share critical mental and information available being overwhelmed tools and information, physical health information **Medical Expert** Families have increased tools and curated knowledge awareness of SCI care, SCI families feel resources and legal rights, medical related to empowered experience YouTube Families, processes, integrative spinal cord videos navigators, health care, spiritual injury for the Friends organize and Wrap Around medical staff created following support plan short- and longare traumateam audiences: term support Friends and medical knowledge SCI families. healing aware staff have increased friends and and informed and Families Families and friends understanding of experience medical staff Friends connect with others resources to support the served 3. Medical Medical staff in similar situations family (website Other SCI Staff share their research and visitation) learning with Friends and medical Friends and medical organizations staff have increased staff use trauma-Web-based understanding of informed, SCI resources **Partners** Design and trauma-informed care knowledge in and create Digital support of families information **Sponsors** Resource Medical staff have accessed, Library app increased awareness of Blink of an Eye Medical staff Digital/design/ downloaded advocate for becomes a uniqueness of SCI care computer and tracked model for SCI integrative support science and trauma expertise Support Families have increased Medical staff care in the feelings of support and communities empowered and SCI U.S. formed hope; lessened isolation **Awareness**

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campaign

family centered